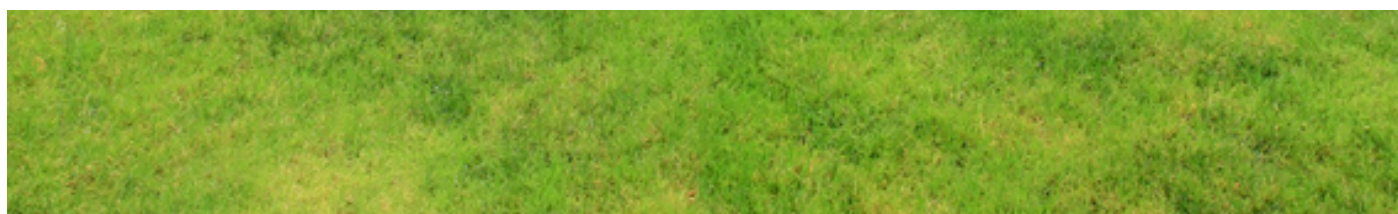




HOMEOWNERS **JUNK REMOVAL** GUIDE



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Whether you're moving or spring cleaning, the idea of hauling away bulky items can seem like a major imposition, especially since most recycling and garbage centers aren't in the most convenient locations. However, getting rid of junk is an extremely important part of spring cleaning – unless you want your house to look like a mini landfill. Residential junk hauling is quite common in most communities, and you can read up on the different reasons people need junk removal in this blog. We know that having some assistance can make junk removal a whole lot easier – that's why we've decided to help you streamline the process with this handy junk removal guide:



What are you keeping and what are you throwing away? The first step of efficient junk removal is sorting out the wanted and unwanted items in your home. Not sure of what to get rid of? Our advice is that anything you haven't used in the past year probably needs to be thrown away – whether it's appliances, clothing, old furniture, or any other paraphernalia that's taking up space. (Do you really need those birthday cards from 1994?)

Try not to get too emotional about disposing of items, it's easy to get nostalgic but you don't want to be knee-deep in junk. After doing this, you'll need to calculate the amount of garbage that needs to be removed. How many garbage bags and boxes will you require? Are they mainly large or small items? We suggest dividing your items into piles that you want to keep, give away, or dispose of. As they say, one man's trash is another man's treasure – if you find some useful items that are still in good condition, donate them to someone instead of disposing of it completely.





SAFETY FIRST

Believe it or not, junk removal can be dangerous. Before picking up anything, look out for anything hazardous, such as sharp items or broken glass, and make sure you have the proper safety materials. Sprains, falls, cuts, and abrasions are quite common when hauling away junk. To avoid straining your back, use proper lifting techniques: Bend your hips and knees to squat down to your object, keep it close to your body, and straighten your legs to lift. Never lift a heavy object above shoulder level, and never turn or twist your body while lifting or holding a heavy load.

Make sure you clear entryways when hauling away junk. If you commonly have clutter in the entryway to your home, you should move these items around to give yourself as much room as possible – especially if you’re moving large items such as furniture or appliances. Also, make sure you wear shoes when moving heavy items to avoid hurting your toes. We also suggest you wear rubber gloves and keep a supply of disposable dust masks (this may seem like overkill but it’s better to be safe than sorry).

RECYCLE BEFORE DUMPING



Recycling is one of the most important things we can do to preserve our natural environment. The average person generates over four pounds of trash every day and about 1.5 tons of solid waste per year. By efficiently disposing of any recyclable items instead of using rubbish removal, you'll significantly reduce your carbon footprint and have a positive impact on the environment.

Items that can be recycled include paper, cardboard, metal and tin beverage containers, milk containers, glass jars, and soap bottles. Take the time to sort all

recyclable materials from items that will be disposed of via garbage removal. You can sort it into three categories – metals, paper, and plastic. America has some of the largest landfills in the world – recycling keeps trash out of landfills and converts it into reusable material. A good junk removal company will take care of the recycling for you. Professionals can immediately spot what is recyclable and what is not, and they sort every job for metals, e-waste, paper, household goods, textiles, furniture, and appliances.



SAVE TIME AND LEAVE IT TO THE PROFESSIONALS

It might feel liberating to do your own junk removal, but you'll end up saving so much more time and money if you use a professional. Hauling and disposing of residential debris and junk can be costly, time consuming and labor intensive. And as we mentioned before, junk hauling can be dangerous – especially if you do not have the proper experience and training to move bulky and heavy objects. If the items you need hauled away are classified as dangerous, you will need special handling and care with them, and depending on the nature of

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- **It saves you time and effort** – It will probably take a professional half the time it will take you to organize, haul away, and dispose of junk.
- **It saves you money** – The costs of DIY junk hauling add up to quite a significant amount, especially if you include the fuel you would use driving to the dumping center, dumping fees, and renting a van or truck.
- **It's the safer option** – Professionals have the proper training to deal with large objects, and they know how to handle and properly dispose of certain materials.
- **It's better for the environment** – A good junk removal company will take care of the recycling for you, and will even donate, repurpose, and reuse items.
- **It gives you peace of mind** – It's comforting to know that a professional company will take all the junk removal risks leaving you with zero liability.





DETERMINE WHAT KIND OF JUNK REMOVAL SERVICE YOU NEED

Now that you've decided to get some professional help, you need to decide what kind of service you need. There are all kinds of junk removal companies that will take away your unwanted stuff, but they differ in the kinds of services that they provide. Do you need to get rid of construction debris? Will they haul away and dispose of your old mattresses?

Can they take your old computers? Certain companies don't take large and bulky items. Whether you're trying to get rid of yard waste, old appliances, furniture, or scrap metal - an efficient junk removal company will take these items off your hands and recycle them or dispose of them correctly. Just keep in mind that a lot of companies won't take hazardous waste. If you're concerned about the environment, it's best to hire a company with 'green' processes - this way you can keep your space clear and your conscience even clearer.

How it works... it's as simple as 1, 2, 3

1

You pick a date and a two-hour window.

2

We call you 15 minutes before arrival.

3

If you agree to our price, we take your junk.



TOUCHLESS JUNK REMOVAL

In this new and unprecedented era of doing business, Junk King is leading the way with all of our crews following CDC and local health and safety guidelines. During this time, Junk King locations remained open and we continue to service their communities with special attention to social distancing and practicing effective safety measures as we provide our junk removal services.

We are now providing a completely touchless process that begins with virtual estimates provided through photos and no-contact junk pickup from either the curbside or from the porch, driveway, or a designated area in the garage. Junk King is committed to continuing to provide the best customer service in the industry with 100% touchless junk removal and maintaining a safe distance with our “no contact” payment process

[**LEARN MORE**](#)



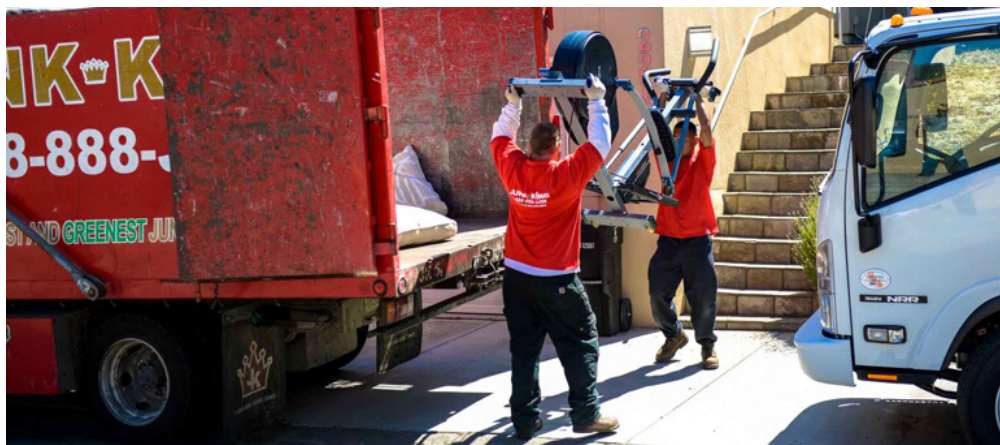
ABOUT JUNK KING

Junk King started out as a small business in 2005 and has grown into the #1 Rated Junk Removal Service in North America, with nearly 60 franchises in 22 states and Canada. Since we don't want to contribute to our overflowing landfills, we believe in recycling every bit of material possible. We also send usable items to local non-profits and donation centers to reduce waste and help the community. We're committed to continuing to lead the way to help keep our planet clean, green, and beautiful for the generations to come.



WHAT KIND OF SERVICES DOES JUNK KING OFFER?

Junk King offers a variety of different junk removal services, including construction waste disposal, property cleanouts, yard waste removal, furniture, and appliance removal. We take everything except hazardous waste. Another feature Junk King offers is dumpster rental. It's a simple and convenient solution; you pick a date and drop off time, fill your mini dumpster, and we'll pick it up at your pre-scheduled time. Whether you need our services several times during a cleaning session, or just once after you've completed your project, our hauling professionals will ensure that your junk is quickly removed so that you can get on with your day.





WHAT YOU CAN EXPECT

After contacting us, you'll receive an up-front quote, and then a phone call from our crew 15-30 minutes before they arrive. Our general offering is a 2-hour time slot of your choosing. Our trained specialists will work fast and do everything they can to not disturb your property during the junk removal process. Once they're done, they'll haul everything away and you'll be left with a cleaner home or worksite.



ARE YOU READY TO GET RID OF YOUR WASTE?

Junk removal can be a daunting process, but it's a much less stressful experience with the help of a professional. Can you imagine all the time and effort it would take to do yourself? You can avoid the risk of back strain, regulation fees, and have complete peace of mind knowing that you're working with a trained professional. Junk King will provide an easy solution for clearing out clutter and hauling away unwanted junk. We offer reasonable, upfront pricing and sweep up after ourselves. Whether you need to get rid of construction debris, garbage, electronics or old furniture, Junk King will take it off your hands, swiftly and efficiently.

Ready to get rid of your waste? Contact us for a free estimate, fast service, and a no-hassle experience.

Cleanliness and organization
make a happy home.

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Let Junk King help you turn
your home into your dream
home

